

Smash Physique

# SAG HARBOR'S BEST-KEPT FITNESS SECRET (UNTIL NOW):

## STUDIO

**THE MAN:** Rich Decker, founder of Studio 89. **ALSO KNOWN FOR:** Inventing Body Wedge 21, managing all three locations of Hamptons Gym Corporation, being a Hamptons social staple. **BUT WHAT'S STUDIO 89?** A vast and secluded, private high-end fitness/personal training facility. **WHERE?** Tucked away in a tranquil wooded setting (89 Clay Pit Road) in Sag Harbor.

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Smash